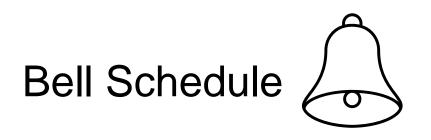


Friday December 08, 2023

Heritage Woods Secondary

"WE ARE KODIAKS"





Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 - 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25

Events Council (Host Club)

- Volunteers needed for the Music Department Winter Concert!
- Join Events Council on <u>December 13th</u> from <u>3:30-9:45pm</u>
- 2 Shifts: (Shift# 1: <u>3:30-6:45pm</u>) I (Shift# 2: <u>6:30-9:45pm</u>)
- Will be held in the grand hall
- Support your Heritage musicians!
- Gain Volunteer hours!
- Receive a special treat!

Sign-up using this QR code!



Kodiak Wear has arrived!

If you ordered Kodiak Wear (first order, not Grad Wear) it can be picked up at the main office!



Any students going on the Quebec Trip who would still like to order a hoodie, please see Madame Di Marco in room 205 by <u>Wednesday December 13th</u>

Math League Contest #3

Tuesday Dec 12th

After school in RM 232 6 questions, 30 minutes, Infinite fun!

See you there!

The library will be closing at 3:45pm all of December.

Sorry about any inconvenience!



Mention Heritage Woods After-Grad when you order for take-out, dine-in, or delivery on Wed December 13

Me-n-Ed's will donate 20% of the sales back to the school!



Get ready for a tasteful way to back the Grade 12's After-Grad Event!

Mark your calendars for **Wednesday**, **December 13**, and indulge in delicious pizzas from Me N'Ed's Pizza in Port Coquitlam (604-942-1200).

Don't forget to drop the magic words, "Heritage Woods After Grad" when placing your order, as 20% of the sales on that day will go towards supporting the After-Grad Event in June 2024.





Bring in your **\$\$** or non-perishable food donations by **December 20th**!

SHARE Fundraiser - Food Bank Competition!

Bring your \$\$ donations to your <u>Block 4 class</u>, and any non-perishable food donations to the office.

The Blk 4 class with the most donations will win a pizza party on Dec. 22nd!



ND TIME? ND ROBLEM, WE COT YN COVERED!

Our "last-minute" **care packages** are the perfect Christmas gift for family and friends!

Small - **\$6** Large - **\$10**

PREORDER NOW to increase your chances of winning our **raffle!**

10% of our profits will be donated to the Seniors Service Society of BC











International/ELL Student Field Trip to Grouse Mountain

Date: 15th November (Friday) Time: 8:30 AM – 3:30 PM

Dec. 15, 2023

Activities: Snowshoeing, Hiwas First Nations Feasthouse Presentation, Peak of Christmas experience, gondaola ride Cost: \$25!

Limited spots available Deadline for signup: 11th Dec See Ms. Lee if interested.



The following students are asked to please come to the main office to see Ms. Hall:

- Kimaya K.
- Ty M.
- Colin M.
- Alam P.
- Jwamer S.
- Isabella Y.





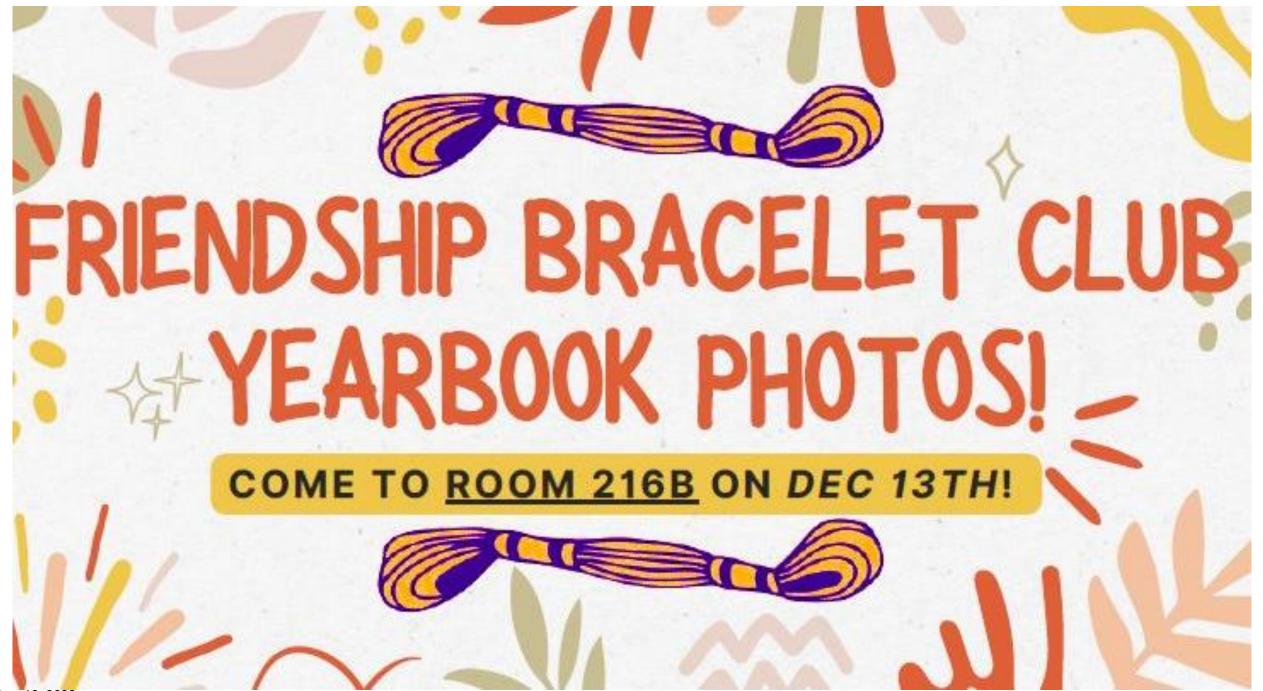
PET PALS COUB

BEST CHRISTMAS GIFT FOR YOUR PET! $\mathbb{P}\mathbb{R}\mathbb{E}\mathbb{O}\mathbb{R}\mathbb{D}\mathbb{E}\mathbb{R}$

Christmas pet collars

\$3 per cats, \$4 per small dogs,\$5 per big dogs





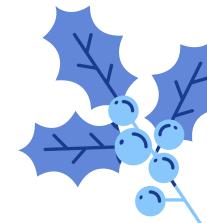


What we are looking for: -Winter clothing of all sizes

Drop off: Infront of theatre



Helping our homeless community in need these holidays



Did you know? It can take up to 700 gallons of water to make a single t-shirt.

This information is brought to you by the HWSS Garbage Fashion Show



CAREER CENTER





Local 97 will be running a high school "Introduction to Rebar" class in Maple Ridge. This 2-week bootcamp (80 hour) will teach you the basic skills to work on a reinforcing project. Week 1, will be held during Spring Break and Week 2 will be held the beginning of July. After successfully completing your second week ,you will receive the required tools and be placed on a jobsite. Starting rate after finishing this class is \$29.27/hour plus vacation pay and benefits . After 6 months on the job the union will sponsor you in an apprenticeship. After completing your schooling and becoming a ticketed journeyperson ironworker, you can earn up to \$45.03/ hour plus vacation pay and benefits. If you are interested in getting into the trade please contact KC Newman.

- · Week 1- you choose the week that works for you
 - Option 1 March 18 to 22, 2024
 - Option 2 March 25 to 29, 2024
- Week 2 will take place from July 2 to 5, 2024
- No cost to attend the class
- Maximum 12 people will be accepted into each bootcamp
- Class will run Monday to Friday, 8am to 4pm
- Call the Trade Improvement Office 604 874-6010 or
- Email: kc@ironworkerslocal97.com



Technovation Girls British Columbia



NEW OF THE FIRST	ormori even samon j even
PROGRAM KICKOFF	January 2024
REAL PROBLEMS, DIGITAL SOLUTIONS	January 2024
WEEKLY COACHING	February - April 2024
LOW CODE MOBILE APP COURSE	Jauary - April 2024
THUNKABLE WORKSHOP	Feburary 2024
APP INVENTOR WORKSHOP	February 2024
CAREER EXPLORATION DAY	February 2024
PITCH HACKATHON	April 2024

CODE YOUR FUTURE DESIGN **YOUR** WORLD

- Team up with friends to find a real problem you want to solve
- Learn how to design and develop an app or Al prototype that solves the problem
 Learn how to start a business & pitch your ideas
 Connect and get advice from industry mentors.
 Attend exclusive events & workshops.
 Submit your project for a chance to win a scholarship in a global competition
 Receive post-secondary course credits.





Technovation GirlsBC - Free Programs

- Technovation GirlsBC is a non-profit technology entrepreneurship competition where young women and girls* aged 8-18 work in teams to develop a mobile app or AI project that tackles real -world problems in the community.
- Work with volunteer mentors, complete weekly curriculum, and attend workshops & much more!
- <u>https://my.technovationchalleng</u>e. org/signup#/

Pre-Season Events

- Getting Started with Technovation GirlsBC
- Dec 14, 2024 | 6:30 pm 8:00 pm | Online (Zoom) | Beginner, Junior, and Senior Division
- Registration: Mark your calendar! By registering for the Technovation GirlsBC 2024 Program you will automatically receive an invitation to this workshop.
- Join Technovation GirlsBC with our pre-season workshop on getting started with the program.
- During this event, we'll go over where to find key resources and how you can get started with curriculum and planning before the program kickoff in January.
- We'll discuss finding or creating a team and matching with a mentor and finally wrap up with an ideation presentation and activity.

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2024 Junior Firefighter Programs

School District No. 43 is partnering with **both** Coquitlam Fire Rescue and Port Moody Fire Rescue to offer two different junior firefighting programs for 2024.

These programs are open to SD43 students in grades 11 and 12, and help applicants understand the basic physical and educational components required of new recruits.

EDUCATIONAL COMPONENT Tests knowledge of firefighting equipment and fire behavior PRACTICAL COMPONENT Tests endurance and teamwork skills



Applications are open Nov. 1–Dec. 8, 2023 Scan the QR code or go to 43careers.com

- The Coquitlam academy runs out of 1300 Pinetree Way.
- ▶ The Port Moody academy runs out of 150 Newport Drive.







Occupational First Aid Level 1

Occupational First Aid (OFA) - Level 1

Occupational First Aid (OFA) Level 1 is a **one-day course** designed to cover all medical techniques considered to be within the responsibility of the Occupational First Aid Level 1 Attendant as required by the Workers' Compensation Board of BC (WCB).

Course information:

- time: 8.30am and runs until 4.30pm
 - with appropriate coffee and lunch breaks... bring your own food or there is a fastfood restaurant nearby
- age: must be at least 16 years old at the time of the course
- advertised as \$90 (\$120 to non-members), but after district discount, cost will be \$80 + GST (\$84 total)... so great savings!
- location: Universal Health & Safety at #201 4199 Lougheed Hwy, Burnaby
 - 10-minute walk from Gilmore Skytrain station
- Main topics covered include:
 - Basic Life Support (CPR A) -- CPR with Automated Defibrillator Training
 - Small Wound Management
 - Critical Airway, breathing and circulation interventions with C-spine management
- In order to be successful, participants must demonstrate practical skill competency and achieve 70% on a multiple choice exam. On successful completion of the course, participants receive a 3-year certification.
- certification: government-issued photo ID is required to receive a certificate (ex: driver's license, passport, NEXUS, BCID,...)

- Want to register for one of the training sessions listed below?
- To receive the reduced workshop fee, you will need to use this Online Registration and Payment link: <u>https://www.sd43.bc.ca/CareerPrograms/0Documentation/OFA1</u> <u>ICBA.docx</u>
- You will need a credit card to complete the registration process.
- Next training dates:
- December 8 (Fri) reg is open
- December 23 (Sat) reg is open
- January 12 (Fri), 2024 reg is open
- January 27 (Sat) reg is open
- February 9 (Fri) reg is open
- March 8 (Fri) opening soon (for this date and below)
- March 23 (Sat), April 12 (Fri), April 27 (Sat), May 11 (Sat)
- May 24 (Fri)